



PRIDE+ Staff Network Bulletin

April 2024 - May 2024

News

['As a bisexual, there's no-one you can really relate to'](#)

BBC News, May 2024

For Cara, being bisexual was a double strain, with neither her gay or straight friends able to fully understand what she was going through. “The LGBT friends I had, most were just exclusively gay, I felt like I had no-one to ask for advice. I was worried about talking about boys around them and putting them off.”

[Every country in Europe was ranked for LGBTQ+ rights – and the UK has plummeted](#)

Pink News, May 2024

The UK continues to see its position plummet on ILGA-Europe’s annual Rainbow Map ranking how LGBTQ-friendly European countries are. In 2015, the UK was ranked the best place in Europe for LGBTQ+ rights with an 86% rating, but its 2024 ranking has seen it drop to 16th place, with a rating of 51.87%. In 2023, the UK obtained a score of 53.37% – two percentage points more than 2024.

[Exploring LGBTQ+ staff experience in the NHS](#)

NHS Confederation, May 2024

Access our infographic which explores the growing LGBTQ+ staff experience gap and actions you can take to support LGBTQ+ NHS colleagues. LGBTQ+ staff are more likely to experience bullying and harassment, discrimination and unwanted sexual behaviour compared to their heterosexual colleagues. LGBTQ+ staff are also less likely to recommend the NHS as a place to work.

Guidelines, Policies and Reports

[Care Committed to Me: Delivering high quality, personalised palliative and end of life care for Gypsies and Travellers, LGBT people and people experiencing homelessness](#)

Hospice UK

A resource for commissioners, service providers and health, care and support staff, this report from Hospice UK has examples of delivering high quality, personalised palliative and end of life care for Gypsies and Travellers, LGBTQ+ people and people experiencing homelessness.

[LGBT Adults’ Experiences with Discrimination and Health Care Disparities: Findings from the KFF Survey of Racism, Discrimination, and Health](#)

KFF, April 2024

This report focuses on LGBT adults’ experiences with discrimination in their daily lives and in health care settings in addition to experiences with severe mental health crises, homelessness, well-being and stress, and experiences accessing mental health care. It also looks at the relationship between experiences with discrimination and adverse mental health outcomes, and, conversely, the importance of strong, local support networks in mitigating some of these outcomes.



[Trans Report 2024](#)

LGBT Youth Scotland, April 2024

This report seeks to explore issues being faced by trans young people in Scotland. This report covers the feelings of trans youth on accessing public spaces, accessing services, and transphobia. The survey also found that general happiness among trans youth has dropped by 50% in a decade. As well as sharing eye-opening statistics as part of their survey results, the report also makes “a range of recommendations” to address the systemic and societal issues that trans people face.

[Hard Done Bi: An Exploration of Bi+ Health Inequalities in England](#)

The National LGBT Partnership, March 2024

Within the bisexual, pansexual, and multi-gender (bi+) community, particularly among those of who involved in organising within the community, there has long been discussions based on anecdotal evidence that bi+ people were more likely to be disabled, chronically ill, or dealing with mental health issues than the general population.

Published research

[Diagnostic radiography students’ attitudes towards gender inclusive pregnancy status checks](#)

Radiography, May 2024

Radiographers are responsible for protecting fetuses against ionising radiation and must screen all individuals for pregnancy prior to a pelvic X-ray examination following new guidance from the Society of Radiographers. This includes male, female, transgender, non-binary and intersex patients. Student diagnostic radiographers learn to undertake this screening so this project was designed to understand their attitudes towards doing so.

Disparities in Mortality by Sexual Orientation in a Large, Prospective Cohort of Female Nurses [Email library.lincoln@ulh.nhs.uk to request full article]

JAMA Network, April 2024

This study aimed to examine differences in mortality by sexual orientation. In an otherwise largely homogeneous sample of female nurses, participants identifying as lesbian or bisexual had markedly earlier mortality (20% for lesbians, 37% for bisexuals) during the study period compared with heterosexual women. These differences in mortality timing highlight the urgency of addressing modifiable risks and upstream social forces that propagate and perpetuate disparities.

Same sex-attraction as a predictor of suicide and self-harm behaviours: The role of bullying and social support [Email library.lincoln@ulh.nhs.uk to request full article]

Journal of Affective Disorders, April 2024

Sexual minority youth are at higher risk of self-harming than heterosexual adolescents. Understanding why sexual minority youth are more vulnerable to poor mental health and identifying factors that might buffer against this risk is important for developing targeted interventions.

[Staff experiences of wearing the Rainbow Badge in a paediatric hospital setting: a mixed-methods survey](#)

Archives of Disease in Childhood, April 2024



Library and Knowledge Services

This study aimed to assess staff's experience of wearing the Health Service Executive (HSE) Rainbow Badge, a symbol of inclusion for LGBTQ+ people, in a paediatric hospital setting. This study demonstrates that the Rainbow Badge initiative increases staff awareness of LGBTQ+ issues and helps to create a safe, inclusive environment for staff, young people and families.

Neurological care for LGBT+ people [Email library.lincoln@ulh.nhs.uk to request full article]

Nature Reviews Neurology, March 2024

This review summarises the evidence for associations between sexual orientation and gender identity with the prevalence and outcomes of various neurological conditions, including neurodegenerative diseases, epilepsy, stroke and neurodevelopmental disorders.

Blogs / Commentary / Editorials / Opinion Pieces

[Every time you wash your hands, you honour this gender-diverse doctor's legacy](#)

QueerAF, May 2024

Dr. James Barry was one of a handful of doctors who pioneered the act of handwashing in medicine in the 19th century. He was also gender diverse. Despite his contributions to medicine, Barry has since been largely ignored, misgendered, and forgotten.

[How inclusive language can help to reduce birth trauma](#)

The Conversation, May 2024

A recent report from the UK's parliament into birth trauma has put perinatal care into the spotlight, but the mainstream discussion has largely ignored the experiences of LGBTQ+ families. One key problem for LGBTQ+ families is that the language used to give information about pregnancy and birth often assumes that only women give birth.

[The LGBTQ+ staff experience gap](#)

NHS Employers, May 2024

The growing LGBTQ+ staff experience gap is a recruitment and retention risk for the NHS, writes Dr Layla McCay.

[The UK's first ever Trans+ conference](#)

QueerAF, May 2024

Did you know that 50 years ago, Leeds held the UK's first-ever Trans+ conference? This city welcomed transgender people to its hotels and halls then - and is proud of its history of supporting trans people now. Join us for a walking tour of the city's queer sites, plus interviews with one of the last surviving members of the Trans group of the gay liberation front; you'll end this episode loving Leeds's little-known gender-diverse history.

[What can be learnt from the past 75 years of LGBTQ+ health care?](#)

The King's Fund, May 2024

Alex D'Sa examines the timeline of LGBTQ+ healthcare and legal reform, speaking to six LGBTQ+ individuals who range in age, ethnicity, sexuality, gender identity, neurodiversity and socio-economic status to share their lived experience of some of the issues focused on in the timeline to understand the real impact on patients.



Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

Math in Drag by Kyne Santos

Join sensational drag queen Kyne Santos on an extraordinary journey through the glamorous world of . . . math? In *Math in Drag*, numbers glitter, equations sashay through history, and inclusivity is a celebration. Read it to fire your excitement and unleash your inner math diva!

Can't Spell Treason Without Tea by Rebecca Thorne

Brilliantly page-turning and sweetly comforting, Thorne's glorious fantasy follows two friends whose plan of opening a bookshop turns into a wild adventure brimming with sapphic romance, dragons and a profound love of tea.

Trans Hirstory in 99 Objects edited by David Evans Franz, Christina Linden and Chris E. Vargas

A compelling exploration of trans history through art, activism, and unique objects of resistance. Surveying over four centuries, this volume brings together a wide-ranging selection of artworks and artefacts that highlight under-recognised histories of trans and gender-nonconforming communities. This title reflects on historical erasure to imagine trans futures.

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We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find:
<https://www.nhslinclslibrary.uk/training/>

Online Resources

BMJ Best Practice is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:
<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>